



JWOC

**JUNIOR WORLD
ORIENTEERING
CHAMPIONSHIPS**

2024

**JUNE 30 ————— JULY 7
PILSEN • CZECHIA**

BULLETIN 3

TABLE OF CONTENTS

Welcome to JWOC 2024	3
Section 1: Organisation.....	5
1.1 Organising Committee	5
1.2 Event Advisers	5
1.3 Contact Information.....	5
Section 2: Programme	6
Section 3: Venue, Access and Transport	8
3.1 Venue.....	8
3.2 Competition Arenas	10
3.3 Access and Transport	11
Section 4: Event Centre (Office)	11
4.1 Accreditation.....	12
4.2 Team Officials Meetings (TOM).....	12
Section 5: Registration.....	13
5.1 Team Registration.....	13
5.2 Entry Fee Descriptions	14
5.3 Payments	15
Section 6: Accommodation and Food	16
6.1 Accommodation	16
6.2 Hotel ibis Plzeň.....	17
6.3 Catering	18
Section 7: Embargoed Areas	19
7.1 Embargoed Areas Information	19
7.2 Interactive Map.....	19
Section 8: Training Opportunities.....	20
Section 9: Classes and Participation Restriction	20
9.1 Competition Rules	20
9.2 Classes and Entry Regulations.....	20
9.3 Anti-doping Code	21
9.4 Insurance	21
9.5 Climate and Hazards.....	21
9.6 Visas.....	22
Section 10: Media.....	22
Section 11: Race information	23
11.1 Punching	23
11.2 GPS Tracking	23
11.3 Clothing and Footwear	23
Section 12: Event Information	24
12.1 Terrain.....	24
12.2 Maps.....	25
12.3 Preliminary Course Details	25
Section 13: Spectators and Czech O-Tour	26
Section 14: Partners and Sponsors.....	26

WELCOME TO JWOC 2024

It is an honour to welcome the world's best orienteering runners to our city of Pilsen for the Junior World Orienteering Championships. The city of Pilsen is located in the Pilsen region and is its largest city, and at the same time the fourth largest agglomeration in the Czech Republic. Pilsen is spread over four rivers, and has many bodies of water, forests and parks. We are known worldwide for the production of Pilsner lager beer, the third largest European and at the same time the fifth largest synagogue in the world, and the Škoda engineering industry. And last but not least, the city of Pilsen is an important student centre.

Orienteering combines speed, working with a map, adrenaline and hard preparation. We wish you great orienteering in our city and are proud to welcome you here.

We are a regular venue for the biggest sporting events, and we hope that you too will find a second home here, and that you will have time to explore Pilsen and enjoy it not only while running the race courses, but also in your free time. And we also hope that thanks to your visit during the Junior World Orienteering Championships, you will come back to us in the future.

Good luck and I wish you great performances!



Tomáš Morávek

Councillor for Sport and Youth in the City of Pilsen

Dear sports friends,

It is a great honour for the city of Stříbro to host one of the races of the Junior World Orienteering Championships 2024. I believe that the athletes will enjoy the beauty of our city, whether their courses take them to a park, the historic city centre or a newer urban development.

In Stříbro, athletes and spectators will find complete facilities to enjoy the Sprint race not only from a sporting point of view, but also from a spectator point of view.

I cordially invite everyone to Stříbro on July 2, 2024.



Martin Záhoř

Mayor of the city of Stříbro

Dear competitors, coaches and fans,

I am very happy that we are organising the JWOC in Pilsen, and we are delighted to welcome all the talented young runners, many of whom we will certainly meet in the years to come in the world's top races.

Although in the vicinity of Pilsen there are no sandstone rock towers and there is no technically demanding mountain terrain, which some of you may know from previous visits to the Czech Republic, we hope that we have prepared interesting and varied courses for you. The forest races will take place in two different types of terrain: the Long distance near the town of Rokycany will be quite hilly, while the other two races, Middle distance and Relay, will take place north of Pilsen and will be very fast. We are also preparing Sprint races around two different arenas, in Pilsen and Stříbro, so you will get to know two completely different competition areas here.

I believe that the races that we are preparing in Pilsen and its surroundings will be interesting challenges for you all. I wish you lots of happiness, success and enjoyable sporting experiences. In addition, orienteering is not only about competing but also about sharing passion, fair play and mutual respect.

I hope that JWOC 2024 will be an inspiration and motivation for you to continue training and seeking success in the future.



Aleš Richtř
JWOC Sport Director

SECTION I: ORGANISATION

JWOC 2024 is being organised by the [Czech Orienteering Federation](#).

I.1 ORGANISING COMMITTEE

Event Director	Jan Hasman	director@jwoc2024.cz
Event Secretary	Dominika Pachnerová	info@jwoc2024.cz
Event Office	Kamila Richtrová	office@jwoc2024.cz
Sport Director	Aleš Richtr	sport@jwoc2024.cz
Arena & Logistics	Matěj Burda	arena@jwoc2024.cz
Finances & Marketing	Jan Pícek	media@jwoc2024.cz
IT	Jaroslav Křenek	it@jwoc2024.cz
Chief Cartographer	Aleš Hejna	maps@jwoc2024.cz
Czech O-Tour Director	Robert Anděl	info@o-tour.cz

I.2 EVENT ADVISERS

IOF Senior Event Adviser	Radoslav Jonas (SVK)	radoslav.jonas@gmail.com
National Controller	Roman Zbranek (CZE)	roman.zbranek@gmail.com
Assistant National Controller	Lukáš Hovorka (CZE)	

I.3 CONTACT INFORMATION

Official information

eventor.orienteering.org/Events/Show/7239

Email: info@jwoc2024.cz

Website: jwoc2024.cz

Event Secretary

Dominika Pachnerová

E-mail: info@jwoc2024.cz

Phone number: [+420 731 108 782](tel:+420731108782)

Contact for media

Dan Dvořáček

E-mail: media@jwoc2024.cz

Phone number: [+420 607 860 698](tel:+420607860698)

Event Office

Kamila Richtrová

E-mail: office@jwoc2024.cz

Phone number: [+420 770 131 208](tel:+420770131208)

Other contacts

Czech Orienteering Federation

Zátokova 100/2

169 00 Praha 6 - Břevnov

Czechia

Email: csos@orientacnisporty.cz

Website: orientacnisporty.cz/en/

Phone: [+420 242 429 212](tel:+420242429212)

SECTION 2: PROGRAMME

The programme for the Junior World Orienteering Championships 2024 is as shown in the table below.

Date	Time	Event	Place
Sat 29 th June		Arrival / training	Pilsen
	16:00 - 20:00	Model Long	Hůrky
Sun 30 th June		Arrival / training	Pilsen
	9:00 - 16:00	Model Long	Hůrky
	12:00	Deadline for Late Entries and Changes	IOF Eventor
	15:30 - 17:30	Technical model + model Sprint + Sprint Relay	Pilsen
	18:30	TOM Sprint Relay	Pilsen, Event Centre
	20:00	Competition entry deadline: Sprint Relay	IOF Eventor
Mon 1 st July	12:00	Competition entry deadline Sprint	IOF Eventor
	14:45	Quarantine opening	Arena Pilsen
	15:45	Quarantine closed, Arena opened for teams	Arena Pilsen
	16:15	Start Sprint Relay	Arena Pilsen
	17:25	Flower ceremony Sprint Relay	Arena Pilsen
	17:45	Opening Ceremony	Arena Pilsen
	18:00	Price-giving ceremony Sprint Relay	Arena Pilsen
	19:00	TOM Sprint	Pilsen, Event Centre
Tue 2 nd July	8:30	Quarantine opening	Stříbro
	9:30	Quarantine closed, Arena opening for teams	Stříbro
	10:00	First start Sprint	Stříbro
	13:25	Flower ceremony Sprint	Stříbro
	14:00	Competition entry deadline: Long	IOF Eventor
	18:30	TOM Long	Pilsen, Event Centre

Date	Time	Event	Place
Wed 3 rd July	7:45	Quarantine opening	Hůrky
	8:45	Quarantine closed	Hůrky
	9:00	First start Long	Hůrky
	16:25	Flower ceremony Long	Hůrky
	17:00	Prize giving ceremony Sprint + Long	Hůrky
Thu 4 th July	9:00 - 17:00	Model Middle + Relay	Dobříč
	12:00	Competition entry deadline: Middle Distance	IOF Eventor
	18:30	TOM Middle	Pilsen, Event Centre
Fri 5 th July	7:30	Quarantine opened	Dobříč
	8:50	Quarantine closed	Dobříč
	9:00	First start Middle	Dobříč
	15:40	Flower ceremony Middle	Dobříč
	16:00	Prize giving ceremony Middle	Dobříč
	17:00	Competition entry deadline: Relay	IOF Eventor
	18:30	TOM Relay	Pilsen, Event Centre
Sat 6 th July	7:30	Quarantine opening	Dobříč
	8:30	Quarantine closed	Dobříč
	9:00	Start Relay Men	Dobříč
	11:00	Start Relay Women	Dobříč
	13:00	Flower ceremony Relay	Dobříč
	13:45	Coaches and VIP race – mass start	Dobříč
	15:00	Prize giving ceremony Relay, closing ceremony	Dobříč
	20:00	Banquet	Pilsen, Depo
Sun 7 th July		Departure	

SECTION 3: VENUE, ACCESS AND TRANSPORT

3.1 VENUE

Plzeň Region

The Plzeň Region is an administrative unit of Czechia located in the south-western part of Bohemia. It is named after its capital Plzeň (English, German: Pilsen). In terms of area, Plzeň Region is 7,561 km², the third largest region in Czechia. However, with a population of about 585,000 inhabitants it is only the ninth most populous region. Almost 30% of the inhabitants reside in Plzeň.

The region can be roughly divided into two parts: a highly industrialised north-eastern part with a strong engineering tradition around Plzeň, and a more hilly and rural south-western part with smaller-sized manufacturing companies processing natural resources.

In the south-eastern part of the region there is a range of Bohemian Forest mountains. The capital Plzeň is surrounded by Plzeň Basin. The rest of the region is occupied by highlands, namely Plzeň Highlands and Brdy Highlands.

Plzeň (Pilsen in German and English)

Plzeň, founded in 1295, is classed as a statutory city and is the fourth most populous in Czechia with about 169,000 inhabitants. It is situated in western Bohemia, about 90 kilometres west of Prague. Plzeň is the metropolis of the Pilsen Region. It lies at the confluence of the rivers Mže, Radbuza, Úhlava and Úslava, from which the Berounka River arises.

Pilsen is known as an industrial and brewing city. Škoda Transportation and other companies continue the tradition of the engineering company Škoda (established in 1859), while on the other side of the regional capital, Pilsner Urquell (Prazdroj) and Gambrinus beers are brewed. Bottom-fermented pale lager is referred to as Pilsner-type beer, worldwide as Pilsner or Pils, according to the German name of the city of Pilsen. The first batch of this type was produced in 1842. Pilsner-type beer is now the most widespread category of lagers and beers of all, and accounts for more than 70% of all beer in the world.

Stříbro (Mies in German)

Stříbro is a town in the Tachov district in the Pilsen Region, 27 km west of Pilsen, on the river Mže, from which the town's German name is derived. The first written mentions date back to 1183. The entire history was based on its favourable location on the route of the trade route Prague - Nuremberg. No less important for Stříbro is ore mining, which gave the town its name (Stříbro = silver). Approximately 8,000 inhabitants live here. The historical core of the city is an urban monument zone.

Hůrky

Hůrky is a village in the Rokycany district in the Pilsen region. It lies between the hills of the Trhoň Nature Park, about six kilometres east of Rokycany. Around 230 inhabitants live here. The name of the village is derived from the word hórka, meaning small mountain.

Dobříč

Dobříč is a village in the Pilsen Region. Around 330 inhabitants live here. Ochre has been mined in the area since the end of the 19th century.

? Do you know any of the famous athletes who are natives of Pilsen and its surroundings?

Petr Čech

One of the world's best football goalkeepers in history. Champions League winner, Chelsea club record holder in the English Premier League for the most clean sheets. 124 matches for the Czech national football team.

Filip Jícha

Declared the best handball player in the world in 2010.

Andrea Sestini Hlaváčková

Tennis player, winner of the Fed Cup, US Open, French Open in doubles and silver medalist at the Olympic Games.

Kateřina Emmons

Sport shooter in air rifle and small-bore rifle, three-time Olympic medalist. Ambassador of the Sprint Relay race - you need to run fast and accurately.

Zdeněk Štybar

Cyclist, three-time world champion in the Elite class, two-time world champion under 23 years of age in cyclo-cross.

Winner of Strade Bianche and stage winner at Tour de France. Ambassador of the Sprint (native of Stříbro and honorary citizen).

Barbora Strýcová

Tennis player, 5-time winner of the FED Cup, 2-time winner of Wimbledon in doubles. Ambassador of the Middle - keep your attention and concentration to the last moment.

Lukáš Provod

Czech football representative, 2-time winner of the Czech league and cup, former orienteer and member of the organising club KOS Plzeň. Relay Race Ambassador - the team and good performance of all are important.

Kateřina Razýmová

Czech representative in cross-country skiing (10th at the World Championships and 10th at the Tour de Ski) and hill running (10th at the World Championships). Occasional orienteer. Long Ambassador - endurance and strength.

3.2 COMPETITION ARENAS

The finish area is always situated in the arena of the respective race.

Sprint Relay: Arena Lochotín

Arena Lochotín will be situated in the Lochotin amphitheatre in Pilsen, 1,5 km (25 min walk or 10 min drive) from the Event Centre.

GPS Coordinates: 49.7599N, 13.3610E

Sprint: Arena Stříbro

Arena Stříbro will be situated at the Baník Stříbro stadium in Stříbro, municipality situated in Tachov district, 38 km (35 min drive) from the Event Centre in Pilsen.

GPS Coordinates: 49.7573N, 13.0083E

Long Distance: Arena Hůrky

Arena Hůrky will be situated on a spacious meadow near Hůrky, municipality situated in Rokycany district, 34 km (35 min drive) from the Event Centre in Pilsen.

GPS Coordinates: 49.7364N, 13.6787E

Middle Distance and Relay: Arena Dobříč

Arena Dobříč will be situated on the football field in Dobříč, municipality situated in Plzeň-sever (Pilsen-north) district, 22 km (25 min drive) from the Event Centre in Pilsen.

GPS Coordinates: 49.8814N, 13.4616E



General map of the region, JWOC area, Event Centre and airport

3.3 ACCESS AND TRANSPORT

Teams are encouraged to use their own transport throughout the whole of JWOC. We recommend transport by car/minibus. Nearest major airport is [Václav Havel Airport Prague](#) (90 km to the Event Centre).

The distance from the event centre to arenas will be up to 40 km.

During the Middle Distance race, official shuttle transport from the quarantine to the pre-start for athletes and coaches will be provided (first departure from quarantine at 8:00 am, maximum interval of 15 minutes). The shuttle transport back to the arena for coaches will be provided as well.

Teams that will require the organisers' assistance with arranging transport should contact the Event Secretary by 1 May 2024 (info@jwoc2024.cz).

SECTION 4: EVENT CENTRE (OFFICE)

The Event Centre will be located in the building of the university student residence Lochotín.

Address: Bolevecká 858/30, Plzeň

GPS Coordinates: [49.7600N, 13.3730E](#)



At the Event Centre there will be rooms for:

- JWOC Event Office (Accreditation of Athletes and Team Officials, Information Point for Teams)
- Athletes' accommodation

- Catering - in an outdoor catering tent in the area next to the dormitory buildings
- Team Officials' meetings

4.1 ACCREDITATION

Accreditation takes place at the Event Centre. A personal ID card will be handed out. All accredited persons must wear it at all relevant times and present it for access to authorised zones. An athlete without an accreditation will not be allowed to run a race.

At accreditation, every athlete receives a package with the ID card, backup SIAC card, a printed version of Bulletin 4, model event maps and a small present. **This backup SIAC card is personally assigned** and shall be used in all competitions. The SIAC card must not be used by other athletes. Parking permits for team cars are also handed out at the accreditation.

Accreditation for the JWOC is only possible if all payments are fully settled. In case of emergency/discrepancies, e.g. bank charges, paying with a bank/credit card will be possible at the Event Centre.

Teams need to provide a contact person (email and phone number) so that the organisers can quickly contact the team officials if necessary.

4.2 TEAM OFFICIALS MEETINGS (TOM)

5 TOMs will be held during JWOC and all take place at the Event Centre:

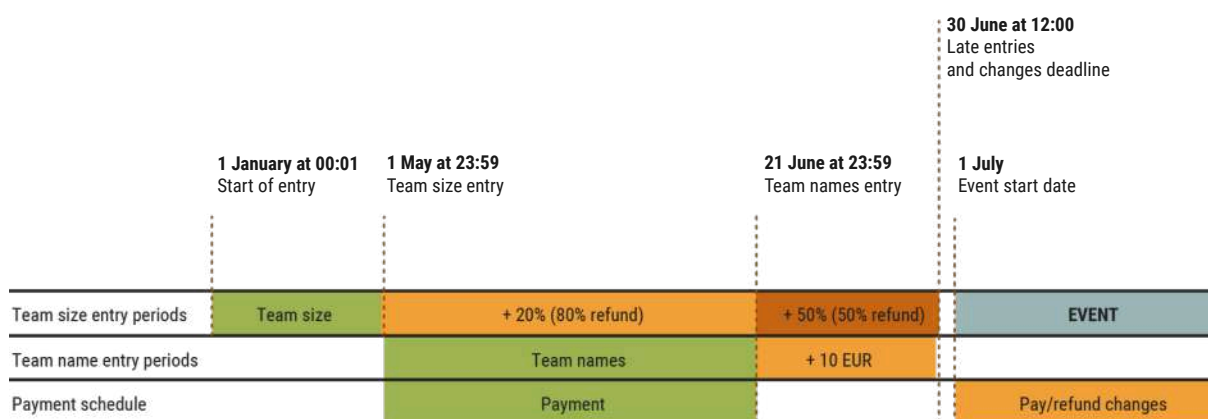
Date	Time	Meeting
Sunday 30 th June	18:30	TOM Sprint Relay
Monday 1 st July	19:00	TOM Sprint
Tuesday 2 nd July	18:30	TOM Long
Thursday 4 th July	18:30	TOM Middle
Friday 5 th July	18:30	TOM Relay

SECTION 5: REGISTRATION

5.1 TEAM REGISTRATION

All entries can only be made in IOF Eventor. The entry form will be available from 1st January 2024 on: eventor.orienteering.org/Events/Show/7239

- The deadline for Team Size Entry is 1st May 2024 (- 2 months).
- The deadline for Team Names Entry is 21st June 2024 (- 10 days).
- The deadline for Late Entries, Changes of Team Size or Team Names for accreditation is 30th June 2024 at 12:00
- The event start date is 1st July 2024.



Team Size Entry

The following information shall be given:

- Team Manager (chosen from list in IOF Eventor)
- Number of team athletes (max 6 men and max 6 women)
- Number of team officials (max 4)
- Number of team athletes in the individual races; Number of teams for the relays (max 2 women's and 2 men's teams for Relay, max 3 teams for Sprint Relay)
- Ordering of rental SIAC cards

Team Names Entry

The following information shall be given:

- Name of each team athlete by selecting from federation members in IOF Eventor
- Names of team officials
- SIAC card number of each athlete (see section 11.1 Punching and Timing)

Late entries, changes of team size or team names

Late Entries and changes will be accepted, if feasible until **30th June 2024 at 12:00**. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge).

Late entries and changes will always be treated equally, and must be communicated directly to the organiser on: office@jwoc2024.cz. The organiser makes the changes in IOF Eventor after deadlines.

Competition Entries

Names of the competitors and their starting group (for individual competitions) or names of the competitors and their running order (for relays) shall be entered in IOF Eventor on the day before the competition. The exact time of the competition entry deadline for each race is given in the Programme (Section 2).

In relays, after competition entry deadline changes of names of the relay team members and/or their running order may only be made with a valid reason (e.g. accident or illness) and must reach the organiser on office@jwoc2024.cz at least two hours before the start of the relay class.

5.2 ENTRY FEE DESCRIPTIONS

Category		Fee
Accreditation	Accreditation fee - athlete, team official (see note 1)	90 EUR
Entry fee	Sprint, Middle, Long (per race and runner)	55 EUR
	Relay (per race and runner)	50 EUR
	Sprint Relay (per race and runner)	45 EUR
SIAC card rent	Per person per week (see note 2)	50 EUR
IOF Guests	IOF Guests, Partners and Sponsors	no accreditation fee
Media	Per person	no accreditation fee

Notes:

1. Accreditation fee for team officials covers model events, parking at the arenas and banquet.
2. The pre-ordered rental SIAC cards will be handed out together with the Backup SIAC cards in the Event Office as a part of the accreditation. A team manager shall return all rented SIAC cards to the Event office after the last race. Any missing or lost SIAC-card will be charged with a fee - 60 EUR. SIAC cards must be ordered with team size entry (1st May 2024).

Entry changes

- **2nd May – 21st June 2024** – surcharge 20% on new entries, withdrawals receive an 80% refund.
- **22nd June – 30th June 2024** – surcharge 50% on new entries, withdrawals receive a 50% refund.
- **After 30th June 2024, 12:00 CET** – no other entries or changes will be accepted.

Name changes

- **23rd June - 30th June 2024** – surcharge 10 EUR/name
- Changes of names for competition according to IOF rules, no fee.

5.3 PAYMENTS

Payment must be credited to the organiser's account no later than 27th May 2024 - full payment is required to consider an entry as valid. Invoices will be issued at the beginning of May 2024. All bank fees and charges must be covered by the payer.

Payment details:

Bank: MONETA Money Bank, a. s.,
Vyskočilova 1442/1b,
140 28 Praha 4 - Michle, Czechia

Account number: 244499346/0600
IBAN: CZ18 0600 0000 0002 4449 9346
BIC (SWIFT): AGBACZPP
Account owner: Český svaz orientačních sportů,
Zátopkova 100/2,
169 00 Praha 6 - Břevnov, Czechia

Invoice reference: Invoice number

SECTION 6: ACCOMMODATION AND FOOD

6.1 ACCOMMODATION

We will provide accommodation for athletes in the student residences of the University of West Bohemia.

Lochotín student residence, where the Event Centre is also located, will be the primary site for accommodation. This complex of two interconnected nine-storey buildings is the largest student residence in Plzeň, located on Bolevecká street 30, close to Tram 1 and 4 stop Pod Záhorskem, not far from the city centre.

You will receive room keys (1 key for each room) from the organisers at registration. You will keep the keys throughout your stay, and must hand them over to the organisers upon departure. There is a porter in the building 24/7, but due to the high number of people, we cannot rule out the entry of a stranger into the dormitory building. Therefore, take care of your belongings and lock your rooms.

During registration, a city fee (determined by the city of Pilsen) in the amount of 25 CZK per person per night will be collected. Guests under the age of 18 do not pay this fee.

Bedding will be available in the room. Towels are not provided. Cooking options in the rooms are very limited and crockery, glasses and cutlery are not part of the room equipment. There is no kettle in the rooms. Therefore an outdoor catering tent will be provided - see section 6.3 Catering. We highly recommend ordering meals together with the accommodation.

Several rooms will be available for team meetings; more detailed information on the reservation system will be provided in Bulletin 4.



The student residence of the University of West Bohemia, Plzeň

If full capacity is reached, student residence in the Bory district will also be used.

Booking is possible via accommodation@jwoc2024.cz. The latest date for reservation of official accommodation is **20th May 2024**.

Types of accommodation

A - hotel style rooms (price without breakfast):

- 2-bed room with private bathroom and TV for 1390 CZK per room and night
- 3-bed room with private bathroom for 1875 CZK per room and night
- 4-bed apartment (2 x 2-bed room with bathroom, fridge and cooker) for 2100 CZK per room and night



B - student type rooms (simply furnished):

- 4-bed apartment (2 x 2-bed room with common bathroom and cooker) for 2000 CZK per apt and night



Accommodation and food costs will be invoiced after the event by the organiser in EUR according to the current exchange rate.

6.2 HOTEL IBIS PLZEŇ

In cooperation with the ibis hotel in Pilsen, we offer lower prices for JWOC 2024 participants. If you are interested, contact the ibis hotel directly and do not forget to ask for special prices for JWOC 2024. These special prices also apply to stays during training camps.

- Single room (queen size bed) for 62 EUR per room and night (incl. breakfast)
- Double / twin room for 72 EUR per room and night (incl. breakfast)

Contact: web hotelibisplzen.cz/en/, phone [+420 377 887 777](tel:+420377887777), email H6734-RE@accor.com

Other accommodation options in and around Pilsen can be found on the website of the Tourist Information Centre: [Accommodation - Visit Pilsen](#)

6.3 CATERING

An outdoor catering tent will provide full board. Catering will be provided at the arenas as well.

Estimated approximate prices: breakfast 170 CZK, lunch 250 CZK, dinner 250 CZK. Prices will be definitively specified in Bulletin 4. Costs will be invoiced after the event by the organiser in EUR according to the current exchange rate. Please order together with the accommodation.

The main meal can be combined as desired with a side dish; water will always be freely available in a large barrel. We request competitors to bring their own drinking bottles, cups, mugs etc.

Meal	Date	Place	Menu
Breakfast	Everyday	catering tent at student dormitory	buffet form - basic composition: water, tea, coffee, milk, white yoghurt, pastries, oatmeal, fruit, cheese, butter, eggs, sausages, ham, vegetables
Lunch	On the days before the races and on days off	catering tent at student dormitory	<ul style="list-style-type: none"> - soups: vegetable (essentially meatless) - main dish: chicken, pork, beef, legumes or other vegetarian alternative - side dishes: rice, potatoes, pasta, fries - vegetables
	On race days	arena	<p><i>Packages will be prepared for the entire team in one container, which will be issued to the team leader in the Event Office at the arena</i></p> <ul style="list-style-type: none"> - main dish: risotto, baguette, tortilla, pasta salad, fruit, pastries <p><i>There will be additional sales at the arena.</i></p>
	On race days	quarantine	fruit, pastries
Dinner	Everyday	catering tent at student dormitory	<ul style="list-style-type: none"> - soups: vegetable (essentially meatless) - main dish: chicken, pork, beef, legumes or other vegetarian alternative - side dishes: rice, potatoes, pasta, fries - vegetables

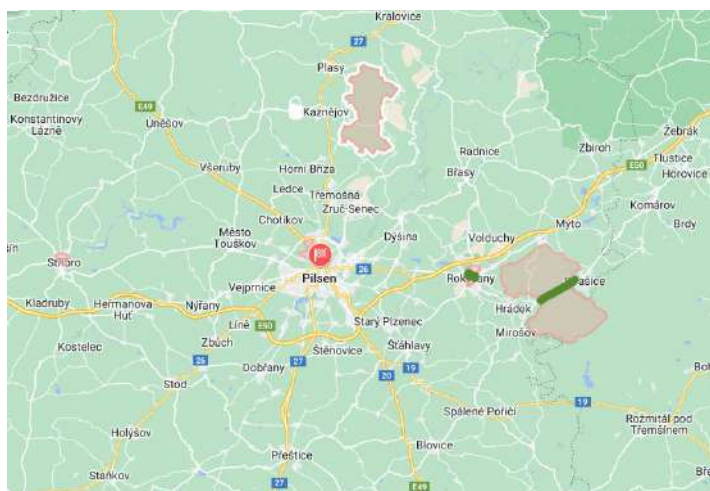
We would very much appreciate information on how many vegetarian or gluten-free meals are needed in the team. The dishes will not be cooked exactly to the number, but we need at least a basic idea of the ratio. Vegan dishes will not be prepared, but side dishes will be available.

SECTION 7: EMBARGOED AREAS

7.1 EMBARGOED AREAS INFORMATION

According to the IOF Competition rules (Art. 26.5), embargoed areas are forbidden for all potential JWOC 2024 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are 'strict embargo'. More information and maps are available on eventor.orienteering.org/Events/Show/7239 and the website jwoc2024.cz.

7.2 INTERACTIVE MAP



Direct link to detailed map of the embargoed areas: google.com/maps/d/u/0/edit?mid=1GYxH3lcdD5oZlr7TGk9BI0Qu3H3Vjgg&usp=sharing

Sprint areas

1. Plzeň (Sprint Relay)
2. Stříbro (Sprint)
3. Rokycany (reserved area). You are allowed to drive on Road No. 605 Plzeňská - Jiráskova - Pražská street or take a train through the embargoed area.

Forest areas

4. Dobřív - Strašice (Long). You are allowed to drive on Road No. 117 Dobřív - Strašice.
5. Dobříč - Obora (Middle and Relay)

Link to a folder with the most recent version of any previous orienteering maps of the embargoed areas: drive.google.com/drive/folders/1o7qPlgjZTUQD8mT5T6LVpKQXDWh4AuN9?usp=drive_link

SECTION 8: TRAINING OPPORTUNITIES

Almost all relevant training terrains are in nature-protected areas. Therefore all training activities shall be coordinated with the organisers.

The official Training Camp 2 will be organised in the period April 1-7, 2024, including 3 regional competitions over the weekend April 6-7, 2024 and a one-man relay on April 4, 2024 in the afternoon. Details are published on the JWOC website (jwoc2024.cz/en/competitors/training).

Some training will also be available from March 15, 2024 until JWOC. We plan to prepare 10-13 training sessions.

Accommodation is on your own arrangement. A discounted offer for accommodation at the ibis hotel in Pilsen is still valid (see the Accommodation section).

All information about training maps and areas and about relevant competitions in Czechia can be found on jwoc2024.cz/en/competitors/training/.

For questions or any further training stay arrangements don't hesitate to contact (trainings@jwoc2024.cz).

SECTION 9: CLASSES AND PARTICIPATION RESTRICTION

9.1 COMPETITION RULES

The complete rules for the Junior World Orienteering Championship 2024 consist of:

- Orienteering competition rules 2024
- JWOC special rules 2024

Latest versions of the rules are found on the [IOF webpage](#).

9.2 CLASSES AND ENTRY REGULATIONS

There are two classes, Women and Men. Participation restrictions, classes and qualification system will follow the JWOC Special Rules for 2024.

All competitors must be born in 2004 or after and must be full passport-holding citizens of the country they are representing.

According to the Rules for the Junior World Orienteering Championships each Federation may enter a team of up to 12 competitors – up to 6 women and up to 6 men – and 4 team officials.

All competitors may run in all three individual competitions. In the Relay, each Federation may enter up to 2 women's and 2 men's teams, each consisting of 3 team members. In the Sprint Relay, each Federation may enter up to 3 teams.

If a Federation is unable to make up full relay teams, it may form incomplete teams or teams with runners from other Federations.

According to the IOF Council's decision on 28th February and 4th March 2022, Russian and Belarusian orienteering athletes, in all IOF disciplines, will not be allowed to participate in IOF events. Athletes will also not be allowed to participate as neutral athletes.

9.3 ANTI-DOPING CODE

Doping is strictly forbidden and the organisers of the JWOC 2024 are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Code and rules, and the World Anti-Doping Code 2021, apply as of 1st January 2021. Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

For more information, please consult: [Anti-Doping](#)

9.4 INSURANCE

The organisers decline any liability that might occur through participation in the IOF JWOC Events and training opportunities. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

There are no other peculiarities of the event.

9.5 CLIMATE AND HAZARDS

The climate of Plzeň (or Pilsen), a city in western Czechia located at 350 metres (1,150 feet) above sea level, is moderately continental, characterised by cold winters with temperatures often below freezing (0 °C), and mild to pleasantly warm summers.

In summer, the temperatures are pleasant and suitable for outdoor activities, although sometimes there can be rain and thunderstorms.

July is the warmest month with the average minimum temperature 13.5°C (usually the minimum temperature is noted during the night). The average maximum daytime temperature lies around 25°C. There can be short hot periods with maximum temperatures exceeding 30°C.

The average precipitation in July is 70 mm. You can expect on average 7.5 hours of sunshine per day in this summer month.

Ticks, carrying Tick-borne Encephalitis and Lyme-disease, are present in the forests.

9.6 VISAS

According to the current regulations, citizens of some countries must obtain a visa in order to enter the Czech Republic. Please note that conditions of entry to the Czech Republic can change and all potential JWOC participants are advised to keep up-to-date with the current situation. Please visit mzv.cz/jnp/en/information_for_aliens/index.html

SECTION 10: MEDIA

We are honoured to welcome journalists, photographers, camera personnel and social media content creators from all over the world in all our JWOC arenas.

All registrations are made in IOF Eventor, VIP and media entry section. Please make sure you select the correct accreditation type - Media. Deadline for registration is 21st June, 2024. No registration fee applies.

The media service includes:

- Access to media tent with workstations
- Wi-Fi, electricity, printers
- Maps and start lists
- Live services (results, TV production, GPS)
- Access to photo controls and photo spots in arenas
- Participation in IOF Family/Media race
- Coffee/tea, refreshments

More information: Dan Dvořáček, phone [+420 607 860 698](tel:+420607860698), email media@jwoc2024.cz

SECTION II: RACE INFORMATION

II.1 PUNCHING

SPORTident Air+ punching will be used for all competitions. JWOC participants are requested to use their own SIAC-cards as primary SIAC during the event, for sustainability reasons. The organisers will offer SIAC cards for rent; they can be booked through IOF Eventor as a service along with team-size entry (1st May 2024).

SIAC card numbers must be given with the Team Names Entry via Eventor by 21st June 2024 at the latest.

SIAC cards are personally assigned and shall be used in all competitions by the same athlete. In case of a change request, contact the Event Office before the race.

One back-up SIAC card will be provided by organisers for free (no need to book), as a reserve in case of primary SIAC card failure only. It is not allowed to use this back-up SIAC card as the primary one and enter its number to Eventor. **This backup SIAC card is personally assigned** and shall be used in all competitions. The SIAC card must not be used by other athletes.

Any SIAC card changes must be communicated directly to the organiser by e-mail, office@jwoc2024.cz as early as possible. **Detailed punching procedure will be presented in Bulletin 4.**

II.2 GPS TRACKING

In every race, competitors may be asked to carry a GPS tracking device. It has to be carried on the back of the competitor in an elastic harness. GPS tracking will be used for live TV production, arena production on the big video screen and live on-line transmission. **Detailed information about allocation and picking up the GPS units will be presented in Bulletin 4.**

II.3 CLOTHING AND FOOTWEAR

There are no regulations regarding clothing. **Shoes with metal dobbs and spikes are forbidden for all sprint races and sprint training sessions!**



SECTION 12: EVENT INFORMATION

12.1 TERRAIN

Sprint Relay

The predominant part of the terrain consists of a flat residential area with large buildings and school areas from the 1980s. Dead-end streets with low traffic, parking lots, asphalt pavements and lawns. Furthermore a sloping park with an elevation of 40 m.

Visibility and runnability are very good.

Sprint

The predominant part of the terrain consists of the city centre. Network of streets and footpaths mainly with a paved or asphalt surface. Furthermore a city park and sports fields. There is a slope with an elevation of up to 40 m.

Visibility and runnability are very good.

Long

Mostly hilly, little flat terrain. Altitude 430 - 630 m above sea level. Local terrain details (erosion gullies, remains of mining or military activity). Rocks and stones in places high up on the hills.

Mostly coniferous forest (spruce), in some parts with a larger number of clearings. Visibility and runnability are mostly good. In some places runnability is slowed by thickets, undergrowth or a rocky surface. There are many paths.

Middle& Relay

Moderately hilly to flat. Altitude 350 - 500 m above sea level. Local terrain details (erosion gullies, remains of mining).

Mostly coniferous forest (spruce, pine). Visibility and runnability are mostly very good. There are many paths.

12.2 MAPS

Discipline	Scale / contour interval	Specification	Map makers
Sprint Relay	1 : 4 000 / 2 m	ISSprOM 2019-2	Aleš Hejna
Sprint	1 : 4 000 / 2 m	ISSprOM 2019-2	Aleš Hejna
Long distance	1 : 15 000 / 5 m	ISOM2017-2	Aleš Hejna, Jan Potštejnský
Middle distance	1 : 10 000 / 5 m	ISOM2017-2	Aleš Hejna
Relay	1 : 10 000 / 5 m	ISOM2017-2	Aleš Hejna

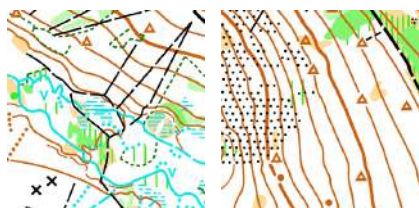
Map samples



Sprint Relay



Sprint



Long distance



Middle distance & Relay

12.3 PRELIMINARY COURSE DETAILS

Discipline	Class	Winning time (min)	Course length (km)	Climb (m)	No. controls	Refreshments
Sprint Relay (per leg)	Women	13.5	W - 3.0	W - 70	W - 21	0
	Men		M - 3.7	M - 80	M - 27	
Sprint	Women	13.5	2.8	90	10	0
	Men	13.5	3.5	100	13	0
Long distance	Women	70	9.8	510	16	2
	Men	70	11.9	670	18	2
Middle distance	Women	25	3.8	150	17	0
	Men	25	4.8	180	21	0
Relay (per leg)	Women	35	5.5	130	16	1
	Men	35	6.5	150	19	1

SECTION 13: SPECTATORS AND CZECH O-TOUR

We would like to invite fans, spectators and the sporting public to participate in the accompanying Czech O-Tour races, which will offer courses for all age categories, with different levels of orienteering difficulty. 4 races will be prepared in attractive terrain between July 3 - 6 2024. More detailed information is below and at o-tour.cz

Date	Czech O-Tour	First start (preliminary)	Arena	JWOC Programme
2 nd July	Prologue - Sprint	13:30	Stříbro	Sprint Distance
3 rd July	E1 - Middle	14:00	Hůrky	Long Distance
4 th July	E2 - Long	10:00	Hůrky	-
5 th July	E3 - Long	10:00	Dobříč	Middle Distance
6 th July	E4 - Middle	14:00	Dobříč	Relay

SECTION 14: PARTNERS AND SPONSORS

MAIN ORGANISERS



MAIN INSTITUTIONAL PARTNERS



MAIN PARTNERS



MEDIAL PARTNERS



INSTITUTIONAL PARTNERS



PARTNERS



WE SUPPORT

